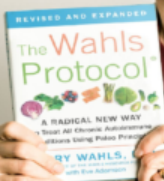


Eating Less To Stay Forever Young

An Introduction To Fasting

Dr. Terry Wahls

Best-selling Author, Physician, and
Founder of the Wahls Research Fund



Terry Wahls, MD
The Wahls Protocol