**Interview Grid for Wahls Protocol™ program Coaching**

**Criteria for all Coaches:**

High school education

Minimum 1 year following TWP

Direct Experience:

*Personal health transformation, family member or client (if clinician)*

Excellent verbal and written skills:

*Able to express clearly and succinctly*

**Desired:**

College and post-graduate studies

Business owner or entrepreneur

Current employment

Social media experience

**3 Essay Questions:**

How has it impacted your life, your family’s life- or your clinical practice or work life) ( must have *Personal health transformation, family member or client (if clinician)*

*Scoring for the other two essay questions (*Score 1 to 5 for each response)

*Why do you want to become a certified Wahls Coach?*

*How do you see the effects of becoming a Wahls Coach in your life?*

Looking for:

* Creativity
* Drive
* Motivation

It would be useful to see:

* + Experience in functional medicine/Paleo lifestyle
  + Experience in other aspects of healthcare
  + Experience in motivational interviewing and workshops

*How do you see the effects of becoming a Wahls Coach in your life?*

Looking for:

* + Changes both direct & indirect
  + Goals both long & short term
  + Community both current & anticipated

It would be useful to see:

* + Timeline
  + Goal setting
  + Market identification

**Application for Wahls Protocol™ program Coaching Program**

Essay questions (500 word maximum each essay)

How has it impacted your life, your family’s life- or your clinical practice?

*Why do you want to become a certified Wahls Coach?*

*How do you see the effects of becoming a Wahls Coach in your life?*

Years of following Wahls Protocol™ lifestyle

< 0.5

0.5 to 1.0

1

2

3

4

5 or more

Experience operating a small business

None

Describe your business, and length of time operating your business

(200 word maximum)

Employment history -

Not currently employed - specify previous job, employer and when/ why you left the work force (200 word maximum)

Employed – Summarize you work history, current job, employer and length of time working for your current employer (200 word maximum)

Social media skills

Which social medias have you participated in and for how long

Twitter

Facebook

Pinterest

Other (specifiy)

Years of Education

Indicate highest level of education achieved

High school or equivalent

Some community college or university

4 year of community college or university degree achieved

Masters degree

Professional degree or PhD

Clinical experience

None

Volunteer in a clinical setting

Nursing

Nutrition Instructor

Mindfulness or meditative practice

Movement instructor

Wellness or health coach

Provider (ARNP, PA, ND, DC, DPT, PT, OT, RD)

Physician (MD, DO)

Upload a scanned image of the license or certificate if clinical experience reported

Motivational interviewing experience or training

None

Attended Class or workshop

Motivational Interviewing certificate

References – supply 3 names and contact telephone number/ email address